



How do you use
your 18.75 hours?



The **average** year 13 student has:

- 4 x supervised study sessions
 - 11 x non-contact sessions
- Over 10 days





This is 1125 minutes

Which equates to 18.75 hours

How are you using this time?

Are you spending the recommended time of 8 hours per subject over 2 weeks?

How can you utilise your time in school to support your mock and exam preparation?

Week A	Lesson 1	Lesson 2	Lesson 3	Lesson 4	After School & Evening
Monday	PSD	Engineering	Psychology	Geography	An Example
Tuesday	Free <ul style="list-style-type: none"> ✓ A Block Library ✓ Geography ✓ Complete any HW ✓ Spec point mind maps 	Geography	Psychology	Supervised Study <ul style="list-style-type: none"> ✓ Geography ✓ Cont. mind maps ✓ Complete Exam Q 	Geography Complete Exam Q 3.05 – 4pm 7 – 9pm
Wednesday	Engineering	Geography	Free 	Psychology	Engineering Complete Exam Q 3.05 – 4pm 7 – 9pm
Thursday	Supervised Study <ul style="list-style-type: none"> ✓ Psychology ✓ Complete any HW ✓ A3 revision sheets 	Psychology	Free Flexible for any outstanding work 	Engineering	Psychology Complete Exam Q 3.05 – 4pm 7 – 9pm
Friday	Engineering	Free <ul style="list-style-type: none"> ✓ A Block Library ✓ Engineering ✓ Padlet/Exam Q 	Flexible for any outstanding work or continue with Engineering 	Geography	

Task:
Create a revision timetable to utilise your time in school

1. Block out your subjects including PSD

2. Block out any commitments (work/clubs)

3. Identify your 4 supervised studies. Assign **one per subject**.
 The 4th you can decide to be flexible or assign the subject you feel needs most attention

4. Assign each free and evening with realistic targets.
 Keep some 'flexible' and don't forget 'relax time' 😊

16 th January	
23 rd January	
30 th January	
6 th February	
13 th February	Mocks
Half Term	
27 th February	
6 th March	
13 th March	
20 th March	
27 th March	
Easter	
17 th April	
24 th April	
1 st May	
8 th May	
15 th May	Exams
22 nd May	
May Half Term	

Your timetable can work how you need it to.
 Make one for your mocks
 Change it. Keep it.
 Make it flexible.
 Find what works and is realistic for you

There will be more revision guidance in the coming weeks but take this time to reflect on how you are going to use your **18.75 hours**

Intervention Diary – Week A



Week A	Lunch	After School/Evening
Monday		Chemistry - Teams Maths & Further Maths – B1 History – B8 French – 23 rd Jan Only – B22 Textiles Business – H11 (<i>from 17th April</i>) English Literature – B18 (<i>from 17th April</i>)
Tuesday	Chemistry – B33 – Invite only	Geography - B12
Wednesday	Psychology - B13	Biology - B33 – Invite Only History – B8 Food – D11 Engineering Product Deign Textiles
Thursday		
Friday	Philosophy & Ethics - B9	

Intervention Diary – Week B



Week B	Lunch	After School/Evening
Monday		Chemistry - Teams Maths & Further Maths – B1 History – B8 Textiles Business – H11 (<i>from 17th April</i>) English – B18 (<i>from 17th April</i>)
Tuesday		Geography - B12
Wednesday		Biology - Lecture Theatre History – B8 Food – D11 Engineering Product Deign Textiles French – 1 st Feb Only – B22
Thursday	Chemistry – B33 – Invite only	
Friday		