

How do you use your 18.75 hours?



The **average** year 13 student has:

- 4 x supervised study sessions
 - 11 x non-contact sessions
 Over 10 days

This is 1125 minutes

Which equates to 18.75 hours

How are you using this time?

Are you spending the recommended time of 8 hours per subject over 2 weeks?

How can you utilise your time in school to support your mock and exam preparation?

Week A	Lesson 1	Lesson 2	Lesson 3	Lesson 4	After School & Evening
Nonday	PSD	Engineering	Psychology	Geography	An Example
Tuesday	Free ✓ A Block Library ✓ Geography ✓ Complete any HW ✓ Spec point mind maps	Geography	Psychology	Supervised Study ✓ Geography ✓ Cont. mind maps ✓ Complete Exam Q	Geography Complete Exam Q 3.05 – 4pm 7 – 9pm
Wednesday	Engineering	Geography	Free	Psychology	Engineering Complete Exam Q 3.05 – 4pm 7 – 9pm
Thursday	Supervised Study ✓ Psychology ✓ Complete any HW ✓ A3 revision sheets	Psychology	Free Flexible for any outstanding work	Engineering	Psychology Complete Exam Q 3.05 – 4pm 7 – 9pm
Friday	Engineering	Free ✓ A Block Library ✓ Engineering ✓ Padlet/Exam Q	Flexible for any outstanding work or continue with Engineering	Geography	

Task: Create a revision timetable to <u>utilise</u> your time in school

1. Block out your subjects including PSD

2. Block out any commitments (work/clubs)

3. Identify your 4 supervised studies. Assign one per subject.

The 4th you can decide to be flexible or assign the subject you feel needs most attention

4. Assign each free and evening with realistic targets.

Keep some 'flexible' and don't forget 'relax

time' ©

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16 th January					
23 rd January					
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30 th January					
6 th February					
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13 th February	Mocks				
	Half Term				
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27 th February					
6 th March					
13 th March					
15" Marcii					
20 th March					
27 th March					
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	Easter				
17 th April					
24 th April					
1 st May					
8 th May					
15 th May					
	Exams				
22 rd May	Examo				
May Half Term					
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Your timetable can work how you need it to.

Make one for your mocks

Change it. Keep it.

Make it flexible.

Find what works and is realistic for you

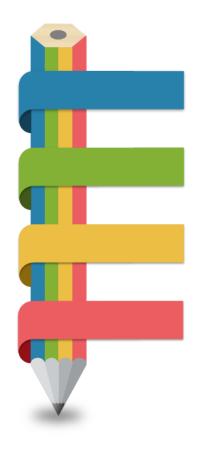
There will be more revision guidance in the coming weeks but take this time to reflect on how you are going to use your 18.75 hours

Intervention Diary – Week A



Week A	Lunch	After School/Evening
Monday		Chemistry - Teams
		Maths & Further Maths – B1
		History – B8
		French – 23 rd Jan Only – B22
		Textiles
		Business – H11 (from 17th April)
		English Literature – B18 (from 17 th April)
Tuesday	Chemistry – B33 – Invite only	Geography - B12
Wednesday	Psychology - B13	Biology - B33 – Invite Only
		History – B8
		F D44
		Food – D11
		Engineering
		Product Deign
Thursday		Textiles
Thursday		
Friday	Philosophy & Ethics - B9	

Intervention Diary
– Week **B**



Week B	Lunch	After School/Evening
Monday		Chemistry - Teams
		Maths & Further Maths – B1
		History – B8
		Textiles
		Business – H11 (from 17 th April)
		English – B18 (from 17 th April)
Tuesday		Geography - B12
Wednesday		Biology - Lecture Theatre
		History – B8
		Food – D11
		Engineering
		Product Deign
		Textiles
		French – 1 st Feb Only – B22
Thursday	Chemistry – B33 – Invite only	
Friday		
Tilday		